



Asking a Professional to Confirm in Writing

A short letter that puts what they already know into words can strengthen your evidence.

This helps you ask a treating professional to describe or confirm, in writing, something they already know about you or your child. It is not about asking for a new test or assessment. You know your situation best, so adapt these to fit.

THINGS YOU MIGHT ASK THEM TO PUT IN WRITING

The disability or impairment you have been supporting me with, and roughly when it began.

In your own words, how it affects my everyday life across moving around, communicating, social situations, learning, looking after myself and managing daily life.

Whether, in your view, the impairment is expected to continue.

The supports or treatments we have already tried, and how they have gone.

Any everyday examples you have seen that show the level of support I need.

A SHORT NOTE THEY COULD ADAPT

"I have worked with [name] since [date]. They have [disability or impairment]. In everyday life this means [plain examples across the areas above]. In my view this is expected to continue. We have tried [supports already used] with [outcome]. [Name] needs [level of support] with [tasks]."

DRAFT YOUR OWN VERSION



Extra consultation time to prepare this may be able to be claimed by the professional through Medicare. Only the NDIA decides eligibility.